



## Golf Package 7 Nights & 5 Golf Rounds

### Longevity Wellness Resort Monchique

SEASON	A	B	C	D	E	F
2 GOLFERS	1.366€	1.552€	1.888€	1.564€	1.750€	2.086€
1 GOLFER	823€	1.010€	1.346€	922€	1.109€	1.445€
GOLFER + NON GOLFER	1.071€	1.257€	1.593€	1.170€	1.356€	1.692€
GOLFER + NON GOLFER w/ SPA Voucher <sup>1</sup>	1.366€	1.552€	1.888€	1.564€	1.750€	2.086€
EXTRA NIGHT*	45€	59€	83€	45€	59€	83€

Prices are per package per Suite | \* Extra night supplement is per person, per night in double occupancy bed and breakfast basis | Spa voucher of 222€ - season A, B and C | Spa voucher of 300€ - season D, E and F (<sup>1</sup>voucher per Suite and valid during stay)

#### SEASON

**A** - 01.Nov.11 to 28.Feb.12 | **B**- 01.Jun.12 to 13.Jul.12 + 27.Aug.12 to 30.Sep.12 | **C**- 14.Jul.12 to 26.Aug.12 | **D** - 01.Mar.12 to 31.Mar.12 | **E**- 16.Apr.12 to 31.May.12 + 01.Oct.12 to 31.Oct.12 | **F**- 01.Apr.12 to 15.Apr.12 | *Closed dates* – 19.Dec.11 to 25.Dec.11+ 30.Dec.11 to 01.Jan.12

#### Package Contents:

- ✓ 7 nights accommodation in luxurious and spacious Suites
- ✓ 5 rounds of golf (18 holes) of your choice on the following renowned Golf Courses: Alto, Alamos, Morgado, Pinta, Gramacho, Penina Championship and Silves
- ✓ Healthy Buffet Breakfast served in Longevity Cuisine by Olivier
- ✓ Access to Longevity Medical SPA – Indoor Heated Pool, Sauna, Turkish Bath and Gym
- ✓ Access to Outdoor Pool and Jacuzzi (covered and heated from October to March)
- ✓ Access to the Weekly Vitality Plan – Nature Walks, Stretching, Pilates, Aquafit, Cinema Nights and more
- ✓ Free internet access on suites and public areas
- ✓ Free parking in indoor garage

#### Added benefits:

- ✓ 10% discount on the Menu a La Carte\* of Longevity Cuisine by Olivier and on beverages at Sports & Wellness Bar *\*only applicable for dinners*
- ✓ 15% discount on Wellness and Relaxation Treatments at Longevity Medical SPA.

**LIVE BETTER, LIVE LONGER**

[www.longevitywellnessresort.com](http://www.longevitywellnessresort.com) | T: +351 282 240 110 | [reservations@longevity.pt](mailto:reservations@longevity.pt)

We recommend the following:

- **Musclese Aroma Ocean Bath** (40min.)  
Seaweed based bath for complete muscle relaxation.
- **Musclese Aroma Ocean Wrap** (75min.)  
Using seaweeds and a warming blend of essential oils, this treatment helps to detoxify and ease aching tense muscles. Recommended before or after golf.
- **Osteopathy Consultation**  
A gentle, drug-free and manual form of medicine that focuses on total body health by rebalancing the musculoskeletal framework, which includes the joints, muscles and spine.

**Available on request (extra fee applicable):**

- Transfers: Faro Airport – Longevity Wellness Resort Monchique – Faro Airport
- Rent a Car special rates with Europcar

**Requirements:**

- 5 rounds of golf, based on 1 round per course (total of 7 different courses). Green Fees are non refundable after the release date, once starting times are booked and confirmed;
- Golf starting times must be pre booked through Longevity Wellness Resort Monchique up to 30 days before arrival date and are subject to the golf course availability. After this date, the confirmation is subject to availability;
- Golfers must present an official Handicap certificate at the Clubhouse Reception: 28 Men / 36 Ladies (except Pinta & Gramacho: 27 Men / 35 Ladies);
- Some courses require the compulsory use of soft spikes;
- Cancellations or changes to the confirmed starting times will only be accepted up to 48 Hours prior to arrival date, subject to the course availability and cancellation policy;
- Packages are unbreakable and services not used are not refundable;
- Rates are subject to availability and can be changed without prior notice;
- Golf Groups with more than 8 golfers on request.

**Cancellation Policy:**

Reservations cancelled until 48h prior to arrival no cancellation fee will be charged; Reservations cancelled within 48h before arrival 100% of booking will be charged. All bookings are subject to hotel availability.

**Reservations:**

Book through the email [reservations@longevity.pt](mailto:reservations@longevity.pt) or contact directly the resort using the phone number 00351 282 240 110.

**LIVE BETTER, LIVE LONGER**

[www.longevitywellnessresort.com](http://www.longevitywellnessresort.com) | T: +351 282 240 110 | [reservations@longevity.pt](mailto:reservations@longevity.pt)